

Issuing Office

## BoB National Health Policy

Whereas the Proposer (who is an account holder in Bank of Baroda) designated in the Schedule hereto has by a Proposal together with Declaration, which shall be the basis of this Contract and is deemed to be incorporated herein, has applied to National Insurance Company Ltd. (hereinafter called the Company), for the insurance hereinafter set forth, in respect of person(s) named in the Schedule hereto (hereinafter called the Insured Persons) and has paid the premium as consideration for such insurance.

### 1 PREAMBLE

The Company undertakes that if during the Policy Period stated in the Schedule, any Insured Person(s) shall suffer any illness or disease (hereinafter called Illness) or sustain any bodily injury due to an Accident (hereinafter called Injury), requiring Hospitalisation of such Insured Person(s), for In-Patient Care at any hospital/nursing home (hereinafter called Hospital) or for Day Care Treatment at any Day Care Center, following the Medical Advice of a duly qualified Medical Practitioner, the Company shall indemnify the Hospital or the Insured, Reasonable and Customary Charges incurred for Medically Necessary Treatment towards the Coverage mentioned herein.

Provided further that, the amount payable under the Policy in respect of all such claims during the Policy Period shall be subject to the Definitions, Terms, Exclusions, Conditions contained herein and limits as shown in the Table of Benefits, and shall not exceed:

- (a) the Sum Insured of the Insured, covered on Individual Basis or
- (b) the Floater Sum Insured in respect of the Insured family, covered on Floater Basis.

### 2 DEFINITIONS

#### Standard Definitions

**2.1 Accident** means a sudden, unforeseen and involuntary event caused by external, visible and violent means.

**2.2 Any One Illness** means continuous period of Illness and it includes relapse within forty five (45) days from the date of last consultation with the Hospital where treatment was taken.

**2.3 AYUSH Hospital** is a healthcare facility wherein medical/surgical/para-surgical treatment procedures and interventions are carried out by AYUSH Medical Practitioner(s) comprising of any of the following:

- a. Central or State Government AYUSH Hospital or
- b. Teaching hospital attached to AYUSH College recognized by the Central Government/ Central Council of Indian Medicine/ Central Council for Homeopathy; or
- c. AYUSH Hospital, standalone or co-located with in-patient healthcare facility of any recognized system of medicine, registered with the local authorities, wherever applicable, and is under the supervision of a qualified registered AYUSH Medical Practitioner and must comply with all the following criterion:
  - i. Having at least 5 in-patient beds;
  - ii. Having qualified AYUSH Medical Practitioner in charge round the clock;
  - iii. Having dedicated AYUSH therapy sections as required;
  - iv. Maintaining daily records of the patients and making them accessible to the insurance company's authorized representative

**2.4 Cashless Facility** means a facility extended by the Company to the Insured where the payments, of the costs of treatment undergone by the Insured in accordance with the Policy terms and conditions, are directly made to the Network Provider by the Company to the extent pre-authorization approved.

**2.5 Condition Precedent** means a Policy term or condition upon which the Company's liability under the Policy is conditional upon.

**2.6 Congenital Anomaly** means a condition which is present since birth, and which is abnormal with reference to form, structure or position.

**a) Internal Congenital Anomaly**

Congenital Anomaly which is not in the visible and accessible parts of the body.

**b) External Congenital Anomaly**

Congenital Anomaly which is in the visible and accessible parts of the body.

**2.7 Co-Payment** means a cost sharing requirement under a health insurance policy that provides that the Insured will bear a specified percentage of the admissible claims amount. A Co-Payment does not reduce the Sum Insured.

- 2.8 Day Care Centre** means any Institution established for Day Care Treatment of Illness and/ or Injuries or a medical setup with a Hospital and which has been registered with the local authorities, wherever applicable, and is under the supervision of a registered and qualified Medical Practitioner AND must comply with all minimum criteria as under:
- has qualified Nursing staff under its employment;
  - has qualified Medical Practitioner (s) in charge;
  - has a fully equipped operation theatre of its own where Surgical Procedures are carried out
  - maintains daily records of patients and shall make these accessible to the Company's authorized personnel.
- 2.9 Day Care Treatment** means medical treatment, and/or Surgical Procedure (as listed in Appendix I) which is:
- undertaken under general or local anesthesia in a Hospital/Day Care Centre in less than twenty four (24) hrs because of technological advancement, and
  - which would have otherwise required a Hospitalisation of more than twenty four (24) hours.
- Treatment normally taken on an Out-Patient basis is not included in the scope of this Definition.
- 2.10 Dental Treatment** means a treatment carried out by a dental practitioner including examinations, fillings (where appropriate), crowns, extractions and surgery.
- 2.11 Disclosure to Information Norm,** The policy shall be void and all premium paid thereon shall be forfeited to the Company in the event of misrepresentation, mis-description or non-disclosure of any material fact.
- 2.12 Grace Period** means the specified period of time immediately following the premium due date during which a payment can be made to renew or continue a Policy in force without loss of continuity benefits such as Waiting Periods and coverage of Pre-Existing Diseases. Coverage is not available for the period for which no premium is received.
- 2.13 Hospital** means any Institution established for In-Patient Care and Day Care Treatment of Illness/ Injuries and which has been registered as a Hospital with the local authorities under the Clinical Establishments (Registration and Regulation) Act, 2010 or under the enactments specified under Schedule of Section 56(1) of the said Act, OR complies with all minimum criteria as under:
- has qualified nursing staff under its employment round the clock;
  - has at least ten (10) In-Patient beds, in those towns having a population of less than ten lacs and fifteen (15) inpatient beds in all other places;
  - has qualified Medical Practitioner (s) in charge round the clock;
  - has a fully equipped operation theatre of its own where surgical procedures are carried out
  - maintains daily records of patients and shall make these accessible to the Company's authorized personnel.
- 2.14 Hospitalisation** means admission in a Hospital for a minimum period of twenty four (24) consecutive 'In-Patient care' hours except for specified procedures/ treatments, where such admission could be for a period of less than twenty four (24) consecutive hours.
- 2.15 Illness** means a sickness or a disease or pathological condition leading to the impairment of normal physiological function and requires medical treatment.
- Acute Condition** means a disease, illness or injury that is likely to respond quickly to treatment which aims to return the person to his or her state of health immediately before suffering the disease/ illness/ injury which leads to full recovery.
  - Chronic Condition** means a disease, illness, or injury that has one or more of the following characteristics
    - it needs ongoing or long-term monitoring through consultations, examinations, check-ups, and / or tests
    - it needs ongoing or long-term control or relief of symptoms
    - it requires rehabilitation for the patient or for the patient to be special trained to cope with it
    - it continues indefinitely
    - it recurs or is likely to recur
- 2.16 Injury** means accidental physical bodily harm excluding illness or disease solely and directly caused by external, violent, visible and evident means which is verified and certified by a Medical Practitioner.
- 2.17 In-Patient Care** means treatment for which the Insured Person has to stay in a Hospital for more than twenty four (24) hours for a covered event.
- 2.18 Insured/ Insured Person** means person(s) named in the Schedule of the Policy.
- 2.19 Intensive Care Unit** means an identified section, ward or wing of a Hospital which is under the constant supervision of a dedicated Medical Practitioner(s), and which is specially equipped for the continuous monitoring and treatment of patients who are in a critical condition, or require life support facilities and where the level of care and supervision is considerably more sophisticated and intensive than in the ordinary and other wards.
- 2.20 ICU (Intensive Care Unit) Charges** means the amount charged by a Hospital towards ICU expenses which shall include the expenses for ICU bed, general medical support services provided to any ICU patient including monitoring devices, critical care nursing and intensivist charges.

**2.21 Medical Advice** means any consultation or advice from a Medical Practitioner including the issue of any prescription or follow up prescription.

**2.22 Medical Expenses** means those expenses that an Insured Person has necessarily and actually incurred for medical treatment on account of Illness or Accident on the advice of a Medical Practitioner, as long as these are no more than would have been payable if the Insured Person had not been insured and no more than other Hospitals or doctors in the same locality would have charged for the same medical treatment.

**2.23 Medical Practitioner** means a person who holds a valid registration from the Medical Council of any state or Medical Council of India or Council for Indian Medicine or for Homeopathy set up by the Government of India or a State Government and is thereby entitled to practice medicine within its jurisdiction; and is acting within the scope and jurisdiction of the licence.

**2.24 Medically Necessary Treatment** means any treatment, tests, medication, or stay in Hospital or part of a stay in Hospital which

- i. is required for the medical management of Illness or Injury suffered by the Insured Person;
- ii. must not exceed the level of care necessary to provide safe, adequate and appropriate medical care in scope, duration, or intensity;
- iii. must have been prescribed by a Medical Practitioner;
- iv. must conform to the professional standards widely accepted in international medical practice or by the medical community in India.

**2.25 Network Provider** means hospitals enlisted by the Company, TPA or jointly by the Company and TPA to provide medical services to an Insured Person by a Cashless Facility.

**2.26 New Born Baby** means baby born during the policy period and is aged upto 90 days.

**2.27 OPD (Out-Patient) Treatment** means the one in which the Insured Person visits a clinic / Hospital or associated facility like a consultation room for Diagnosis and treatment based on the advice of a Medical Practitioner. The Insured is not admitted as a Day Care or In-Patient.

**2.28 Pre Existing Disease** means any condition, ailment, injury or disease

- a) That is/are diagnosed by a physician within 48 months prior to the effective date of the Policy issued by the Company or its reinstatement or
- b) For which Medical Advice or treatment was recommended by, or received from, a physician within 48 months prior to the effective date of the Policy issued by the Company or its reinstatement.

**2.29 Pre-hospitalisation Medical Expenses** means Medical Expenses incurred during predefined number of days preceding the Hospitalisation of the Insured Person, provided that:

- i. Such Medical Expenses are incurred for the same condition for which the Insured Person's Hospitalisation was required, and
- ii. The In-patient Hospitalisation claim for such Hospitalisation is admissible by the Company.

**2.30 Post-hospitalisation Medical Expenses** means Medical Expenses incurred during predefined number of days immediately after the Insured Person is discharged from the Hospital provided that:

- i. Such Medical Expenses are for the same condition for which the Insured Person's Hospitalisation was required, and
- ii. The inpatient hospitalisation claim for such hospitalisation is admissible by the Company.

**2.31 Qualified Nurse** means a person who holds a valid registration from the Nursing Council of India or the Nursing Council of any state in India.

**2.32 Reasonable and Customary Charges** means the charges for services or supplies, which are the standard charges for the specific provider and consistent with the prevailing charges in the geographical area for identical or similar services, taking into account the nature of the Illness/ Injury involved.

**2.33 Renewal** means the terms on which the Contract of Insurance can be renewed on mutual consent with a provision of Grace Period for treating the Renewal continuous for the purpose of gaining credit for Pre-Existing Diseases, time-bound Exclusions and for all Waiting Periods.

**2.34 Room Rent** means the amount charged by a Hospital towards Room and Boarding expenses and shall include the associated Medical Expenses.

**2.35 Surgery or Surgical Procedure** means manual and / or operative procedure (s) required for treatment of an Illness or Injury, correction of deformities and defects, diagnosis and cure of diseases, relief of suffering and prolongation of life, performed in a Hospital or Day Care Centre by a Medical Practitioner.

**2.36 Unproven/ Experimental Treatment** means treatment, including drug experimental therapy, which is not based on established medical practice in India, is experimental or unproven.

## **Specific Definitions**

- 2.37 AIDS** means Acquired Immune Deficiency Syndrome, a condition characterised by a combination of signs and symptoms, caused by Human Immunodeficiency Virus (HIV), which attacks and weakens the body's immune system making the HIV-positive person susceptible to life threatening conditions or other conditions, as may be specified from time to time.
- 2.38 Associate Medical Expenses** shall mean Medical Expenses (as per standard definition) but excluding cost of pharmacy, consumables, implants, medical devices and diagnostics.
- 2.39 AYUSH** refers to the Ayurveda, Yoga and Naturopathy, Unani, Sidha and Homeopathy systems of medicine.
- 2.40 Bank of Baroda** is Scheduled bank licensed by Reserve Bank of India to carry out banking business, and a Corporate Agent licensed by IRDAI to solicit insurance business.
- 2.41 Break in Policy** occurs at the end of the existing Policy Period when the premium due on a given Policy is not paid on or before the Renewal date or within Grace Period.
- 2.42 Contract** means Prospectus, Proposal, Policy, and the Policy Schedule. Any alteration with the mutual consent of the Insured Person and the Company can be made only by a duly signed and sealed endorsement on the Policy.
- 2.43 Diagnosis** means diagnosis by a Medical Practitioner, supported by clinical, radiological, histological and laboratory evidence, acceptable to the Company.
- 2.44 Family Members** means spouse and children of the Insured, covered under the Policy.
- 2.45 Floater** means the sum insured, as mentioned in the Schedule, available to all the Insured Persons, for any and all claims made in the aggregate during each Policy Period.
- 2.46 ID Card** means the card issued to the Insured Person by the TPA for availing Cashless Facility in the Network Provider.
- 2.47 Mental Illness** means a substantial disorder of thinking, mood, perception, orientation or memory that grossly impairs judgment, behaviour, capacity to recognise reality or ability to meet the ordinary demands of life, mental conditions associated with the abuse of alcohol and drugs, but does not include mental retardation which is a condition of arrested or incomplete development of mind of a person, specially characterised by subnormality of intelligence.
- 2.48 Non- Network Provider** means any Hospital, Day Care Centre or other provider that is not part of the network.
- 2.49 Notification of Claim** means the process of intimating a claim to the Company or TPA through any of the recognized modes of communication.
- 2.50 Policy Period** means period of one (01) as mentioned in the Schedule for which the Policy is issued.
- 2.51 Preferred Provider Network (PPN)** means Network Providers in specific cities which have agreed to a cashless packaged pricing for specified planned procedures for the policyholders of the Company. The list of planned procedures is available with the Company/TPA and subject to amendment from time to time. In such cities PPNs are the only Network Providers.
- 2.52 Proposer** means an eligible person who proposes to enter into insurance Contract with the Company, to cover self and/ or any other eligible person(s), and pays the premium as consideration for such insurance.
- 2.53 Psychiatrist** means a Medical Practitioner possessing a post-graduate degree or diploma in psychiatry awarded by an university recognised by the University Grants Commission established under the University Grants Commission Act, 1956, or awarded or recognised by the National Board of Examinations and included in the First Schedule to the Indian Medical Council Act, 1956, or recognised by the Medical Council of India, constituted under the Indian Medical Council Act, 1956, and includes, in relation to any State, any medical officer who having regard to his knowledge and experience in psychiatry, has been declared by the Government of that State to be a psychiatrist.
- 2.54 Schedule** means a document forming part of the Policy, containing details including name of the Insured Person(s), age, relation with the Proposer, Sum Insured, premium and the Policy Period.
- 2.55 Sum Insured** means the Sum Insured in respect of the Insured Person(s) as mentioned in the Schedule. Preventive Health Checkup expenses are payable over and above the Sum Insured, wherever applicable.
- 2.56 Third Party Administrator (TPA)** means a Company registered with the Authority, and engaged by an Insurer, for a fee or remuneration, by whatever name called and as may be mentioned in the agreement, for providing health services.

**2.57 Waiting Period** means a period from the inception of this Policy during which specified Illness/treatments are not covered. On completion of the Waiting Period, Illness/treatments shall be covered provided the Policy has been continuously renewed without any break.

### **3 BENEFITS COVERED UNDER THE POLICY**

#### **3.1 Coverage & Sub Limits**

The Company shall indemnify the Medical Expenses incurred for all Hospitalisation(s) covered under the Policy, subject to the following Sub Limits applicable to broad heads as mentioned below.

##### **3.1.1 Room Charges**

Room Rent, Intensive Care Unit charges and associated charges (including diet charges, nursing care by Qualified Nurse, RMO charges, administration charges for IV fluids/blood transfusion/injection)

- i. Room Rent per day shall be payable up to 1% of Sum Insured per day
- ii. ICU Charges per day shall be payable up to 2% of Sum Insured per day

##### **3.1.2 Limit for Cataract Surgery**

The Company shall indemnify Medical Expenses for Cataract surgery shall be up to 10% of Sum Insured, subject to maximum ₹ 40,000 per eye per year.

##### **3.1.3 Treatment related to Participation as a Non-Professional in Hazardous or Adventure Sports**

The Company shall indemnify Expenses related to treatment necessitated due to participation as a non-professional in hazardous or adventure sports, subject to Maximum amount admissible for Any One Illness shall be lower of 25% of Sum Insured.

#### **Note:**

1. Expenses of Hospitalization for a minimum period of 24 consecutive hours only shall be admissible. However, the time limit shall not apply in respect of Day Care Procedures.
2. In case of admission to a Room at rates exceeding the aforesaid limits, the reimbursement/payment of Associated Medical Expenses incurred at the Hospital, shall be effected in the same proportion as the admissible rate per day bears to the actual rate per day of Room Rent charges. Proportionate deduction shall not apply if admitted to ICU.
3. Sub limits as mentioned above, will not apply in case of treatment undergone as a package for a listed procedure in a Preferred Provider Network (PPN).

##### **3.1.4 Pre Hospitalisation**

The Company shall indemnify Pre-Hospitalization Medical Expenses incurred, related to an admissible Hospitalization requiring Inpatient Care, for up to a period of **60 days** prior to the date of admissible Hospitalization covered under the Policy.

##### **3.1.5 Post Hospitalisation**

The Company shall indemnify Post Hospitalization Medical Expenses incurred, related to an admissible Hospitalization requiring Inpatient Care, for up to a period of **90 days** from the date of discharge from the Hospital, following an admissible Hospitalization covered under the Policy.

##### **3.1.6 Day Care Procedure**

The Company shall indemnify the Hospital/ Day Care Centre or the insured the Medical Expenses (including Pre and Post Hospitalisation Expenses) for Day Care Treatment of procedures/surgeries (as listed in Appendix-I), provided that Day Care Treatment is undergone by the Insured Person in a Hospital/ Day Care Centre, but not in the Outpatient department of a Hospital.

In case of any other surgeries/procedures (not listed in Appendix-I) which would have otherwise required a Hospitalisation of more than twenty four (24) hours, but due to advancement of medical science require Hospitalisation for less than twenty four (24) hours, shall be covered subject to prior approval of the Company/TPA.

##### **3.1.7 Ayurveda and Homeopathy**

The Company shall indemnify the Hospital or the Insured the Medical Expenses (including Pre and Post Hospitalisation Expenses) incurred for Ayurveda and Homeopathy treatment, provided the treatment is undergone in an Ayush Hospital.

##### **3.1.8 HIV/ AIDS Cover**

The Company shall indemnify the Hospital or the Insured the Medical Expenses (including Pre and Post Hospitalisation Expenses) related to following stages of HIV infection:

- i. Acute HIV infection – acute flu-like symptoms
- ii. Clinical latency – usually asymptomatic or mild symptoms
- iii. AIDS – full-blown disease; CD4 < 200

##### **3.1.9 Mental Illness Cover**

The Company shall indemnify the Hospital or the Insured the Medical Expenses (including Pre and Post Hospitalisation Expenses) related to Mental Illnesses, provided the treatment shall be undertaken at a Hospital with a specific department for Mental Illness, under a Medical Practitioner qualified as Psychiatrist (as defined in Definition 2.53) or a professional having a post-graduate degree (Ayurveda) in Mano Vigyan Avum Manas Roga or a post-graduate degree (Homoeopathy) in Psychiatry.

## **Exclusions**

Any kind of Psychological counselling, cognitive/ family/ group/ behavior/ palliative therapy or other kinds of psychotherapy for which Hospitalisation is not necessary shall not be covered.

### **3.1.10 Organ Donor's Medical Expenses**

The Company shall indemnify the Hospital or the Insured, the Medical Expenses (excluding Pre and Post Hospitalisation Expenses) incurred for organ donor's treatment during the course of organ transplant to any Insured Person.

Provided that,

- i. the donation conforms to 'The Transplantation of Human Organs Act 1994'
- ii. the Insured Person has been Medically Advised to undergo an organ transplant, or the Insured Person has been certified by a qualified Medical Practitioner to be suitable for organ donation.

## **Exclusions**

The Company shall not be liable to make any payment in respect of any expenses incurred in connection with or in respect of

1. Cost of the organ to be transplanted.
2. Any other medical treatment or complication in respect of the organ donor (other than Insured Person), consequent to harvesting.

### **3.1.11 Ambulance Charges**

The Company shall reimburse the Insured the expenses incurred for emergency ambulance charges, up to ₹ 1,000/- per Hospitalisation for each Insured Person, for transportation to the Hospital or from the Hospital to another Hospital or from the Hospital to diagnostic center and return to the Hospital during the same Hospitalisation.

Ambulance charges shall be admissible provided a Hospitalisation claim has been admitted under the Policy.

### **3.1.12 Modern Treatment**

The Company shall indemnify the Hospital or the Insured the Medical Expenses (including Pre and Post Hospitalisation Expenses) for In-Patient Care or Day Care Procedure incurred for following **Modern Treatments** (wherever medically indicated), subject to **Maximum amount admissible for any one Modern Treatment shall be 25% of Sum Insured**

- A. Uterine Artery Embolization and HIFU (High intensity focused ultrasound)
- B. Balloon Sinuplasty
- C. Deep Brain stimulation
- D. Oral chemotherapy
- E. Immunotherapy- Monoclonal Antibody to be given as injection
- F. Intra vitreal injections
- G. Robotic surgeries
- H. Stereotactic radio surgeries
- I. Bronchical Thermoplasty
- J. Vaporisation of the prostate (Green laser treatment or holmium laser treatment)
- K. IONM - (Intra Operative Neuro Monitoring)
- L. Stem cell therapy: Hematopoietic stem cells for bone marrow transplant for haematological conditions to be covered.

### **3.1.13 Morbid Obesity Treatment**

The Company shall indemnify the Hospital or the Insured, the Medical Expenses (including Pre and Post Hospitalisation Expenses) incurred for surgical treatment of obesity that fulfils **all** the following conditions and subject to Waiting Period of four (04) years as per Section 4.2.f.iv:

1. Treatment has been conducted is upon the advice of the Medical Practitioner, and
2. The surgery/Procedure conducted should be supported by clinical protocols, and
3. The Insured Person is 18 years of age or older, and
4. Body Mass Index (BMI) is;
  - b) greater than or equal to 40 or
  - c) greater than or equal to 35 in conjunction with any of the following severe co-morbidities following failure of less invasive methods of weight loss:
    - i. Obesity-related cardiomyopathy
    - ii. Coronary heart disease
    - iii. Severe Sleep Apnea
    - iv. Uncontrolled Type 2 Diabetes

### **3.1.14 Correction of Refractive Error**

The Company shall indemnify the Hospital or the Insured, the Medical Expenses (including Pre and Post Hospitalisation Expenses) incurred for expenses related to the treatment for correction of eye sight due to refractive error equal to or more than 7.5 dioptries, subject to Waiting Period of two (02) years as per Section 4.2.f.iii.

### **3.1.15 Hospital Cash**

The Company shall pay the Insured a daily Hospital cash allowance of ₹ 500 per day for a maximum of five (05) days, provided

- i. Hospitalisation exceeds three (03) days.
- ii. Hospitalisation claim has been admitted under the Policy.

Hospital Cash shall be payable for each day from the 4<sup>th</sup> day of Hospitalisation up to the 8<sup>th</sup> day of Hospitalisation only.

## 3.2 OPTIONAL COVER

### 3.2.1 Maternity Benefit

The Company shall indemnify Maternity Expenses of the Insured Person (other than covered Children), as described below and also Pre-Natal and Post-Natal Hospitalisation expenses per delivery, subject to a maximum of up to ₹ 50,000/- per Policy Period. The New Born Baby shall be automatically covered under the available Maternity Benefit limit from birth, for up to 3 months.

#### Cover

Maternity Expenses means;

- a) Medical treatment expenses traceable to childbirth (including complicated deliveries and caesarean sections incurred during hospitalization);
- b) Expenses towards lawful medical termination of pregnancy during the Policy Period.

#### Exclusions

The Company shall not be liable to make any payment under the cover in respect of any expenses incurred in connection with or in respect of:

1. Delivery or termination within a Waiting Period of **12 months**. However, the Waiting Period may be waived only in the case of delivery, miscarriage or abortion induced by accident or other medical emergency.
2. Delivery or lawful medical termination of pregnancy after first two deliveries or terminations or either during the lifetime of the Insured Person.
3. Surrogate or vicarious pregnancy
4. Ectopic pregnancy
5. Pre and post hospitalisation expenses.

**Note:** The expenses that are not covered in this policy are placed under List-I of Appendix-II. The list of expenses that are to be subsumed into room charges, or procedure charges or costs of treatment are placed under List-II, List-III and List-IV of Appendix-II respectively.

## 3.3 GOOD HEALTH INCENTIVE

### Preventive Health Check Up

Expenses of preventive health check-up/ prescribed diagnostic tests will be reimbursed once at the end of a **block of three (03) continuous years** provided **no claims are reported** during the block and the policy has been continuously renewed with the Company without a Break in Policy. Expenses payable shall be as mentioned in the Table of Benefits. Claim for health check-up benefits may be lodged at least forty five (45) days before the expiry of the fourth Policy Period

## 4 EXCLUSIONS

The Company shall not be liable to make any payment under the Policy till the expiry of Waiting Period mentioned below, in respect of any expenses incurred in connection with or in respect of:

### Standard Exclusions

#### 4.1. Pre-Existing Diseases (Excl 01)

- a) Expenses related to the treatment of a Pre-Existing Disease (PED) and its direct complications shall be excluded until the expiry of forty eight (48) months of continuous coverage after the date of inception of the first policy with us.
- b) In case of enhancement of sum insured the exclusion shall apply afresh to the extent of sum insured increase.
- c) If the Insured Person is continuously covered without any break as defined under the portability norms of the extant IRDAI (Health Insurance) Regulations then waiting period for the same would be reduced to the extent of prior coverage.
- d) Coverage under the policy after the expiry of forty eight (48) months for any pre-existing disease is subject to the same being declared at the time of application and accepted by us.

#### 4.2. Specified disease/procedure waiting period (Excl 02)

- a) Expenses related to the treatment of the listed Conditions, surgeries/treatments shall be excluded until the expiry of 90 days/ one year/ two year/ four years (as specified against specific disease/ procedure) of continuous coverage after the date of inception of the first policy with us. This exclusion shall not be applicable for claims arising due to an accident
- b) In case of enhancement of sum insured the exclusion shall apply afresh to the extent of sum insured increase.
- c) If any of the specified disease/procedure falls under the waiting period specified for Pre-Existing Diseases, then the longer of the two waiting periods shall apply.
- d) The waiting period for listed conditions shall apply even if contracted after the policy or declared and accepted without a specific exclusion.
- e) If the Insured Person is continuously covered without any break as defined under the applicable norms on portability stipulated by IRDAI, then waiting period for the same would be reduced to the extent of prior coverage.
- f) List of specific diseases/procedures

##### **i. 90 Days Waiting Period (Life style conditions)**

- a. Hypertension and related complications
- b. Diabetes and related complications
- c. Cardiac conditions

##### a. Benign ENT disorders

- b. Tonsillectomy
- c. Adenoidectomy
- d. Mastoidectomy
- e. Tympanoplasty

##### **ii. One year Waiting Period**

### **iii. Two years Waiting Period**

- a. Cataract and age related eye ailments
- b. Refractive error of the eye more than 7.5 dioptres.
- d. Benign prostatic hypertrophy
- e. Hernia
- f. Hydrocele
- g. Fissure/Fistula in anus
- h. Piles (Haemorrhoids)
- i. Sinusitis and related disorders
- j. Polycystic ovarian disease
- k. Non-infective arthritis

- l. Pilonidal sinus
- m. Gout and Rheumatism
- n. Calculus diseases
- o. Surgery of gall bladder and bile duct excluding malignancy
- p. Surgery of genito-urinary system excluding malignancy
- q. Surgery for prolapsed intervertebral disc unless arising from accident
- r. Surgery of varicose vein
- s. Hysterectomy
- t. Congenital Internal Anomaly

Above diseases/treatments under 4.2.f).i, ii, iii shall be covered after the specified Waiting Period, provided they are not Pre-Existing Diseases.

### **iv. Four years Waiting Period**

- a. Joint replacement unless necessitated due to an accident
- b. Osteoarthritis and osteoporosis
- c. Obesity and its complications
- d. Stem Cell Therapy: Hematopoietic stem cells for bone marrow transplant for haematological conditions to be covered.

Above diseases/treatments under 4.2.f).iv if pre-existing also, shall be covered after single Waiting Period of four (04) years only.

### **4.3. First 30 days waiting period (Excl 03)**

- a) Expenses related to the treatment of any illness within thirty (30) days from the first policy commencement date shall be excluded except claims arising due to an accident, provided the same are covered.
- b) This exclusion shall not, however, apply if the Insured Person has Continuous Coverage for more than twelve (12) months.
- c) The within referred waiting period is made applicable to the enhanced sum insured in the event of granting higher sum insured subsequently.

### **4.4. Investigation & Evaluation (Excl 04)**

- a) Expenses related to any admission primarily for diagnostics and evaluation purposes only are excluded.
- b) Any diagnostic expenses which are not related or not incidental to the current diagnosis and treatment are excluded.

### **4.5. Rest Cure, Rehabilitation and Respite Care (Excl 05)**

- a) Expenses related to any admission primarily for enforced bed rest and not for receiving treatment. This also includes:
  - i. Custodial care either at home or in a nursing facility for personal care such as help with activities of daily living such as bathing, dressing, moving around either by skilled nurses or assistant or non-skilled persons.
  - ii. Any services for people who are terminally ill to address physical, social, emotional and spiritual needs.

### **4.6. Obesity/ Weight Control (Excl 06)**

Expenses related to the surgical treatment of obesity that does not fulfil all the below conditions:

- 1) Surgery to be conducted is upon the advice of the Doctor
- 2) The surgery/Procedure conducted should be supported by clinical protocols
- 3) The member has to be 18 years of age or older and
- 4) Body Mass Index (BMI);
  - a. greater than or equal to 40 or
  - b. greater than or equal to 35 in conjunction with any of the following severe co-morbidities following failure of less invasive methods of weight loss:
    - i. Obesity-related cardiomyopathy
    - ii. Coronary heart disease
    - iii. Severe Sleep Apnea
    - iv. Uncontrolled Type2 Diabetes

### **4.7. Change-of-Gender Treatments (Excl 07)**

Expenses related to any treatment, including surgical management, to change characteristics of the body to those of the opposite sex.

### **4.8. Cosmetic or Plastic Surgery (Excl 08)**

Expenses for cosmetic or plastic surgery or any treatment to change appearance unless for reconstruction following an Accident, Burn(s) or Cancer or as part of medically necessary treatment to remove a direct and immediate health risk to the insured. For this to be considered a medical necessity, it must be certified by the attending Medical Practitioner.

### **4.9. Hazardous or Adventure Sports (Excl 09)**

Expenses related to any treatment necessitated due to participation as a professional in hazardous or adventure sports, including but not limited to, para-jumping, rock climbing, mountaineering, rafting, motor racing, horse racing or scuba diving, hand gliding, sky diving, deep-sea diving.



#### **4.10. Breach of Law (Excl 10)**

Expenses for treatment directly arising from or consequent upon any Insured Person committing or attempting to commit a breach of law with criminal intent.

#### **4.11. Excluded Providers (Excl 11)**

Expenses incurred towards treatment in any hospital or by any Medical Practitioner or any other provider specifically excluded by the Company and disclosed in its website / notified to the policyholders are not admissible. However, in case of life threatening situations following an accident, expenses up to the stage of stabilization are payable but not the complete claim.

#### **4.12. Drug/Alcohol Abuse (Excl 12)**

Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof (Excl 12).

#### **4.13. Non Medical Admissions (Excl 13)**

Treatments received in health hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons (Excl 13).

#### **4.14. Vitamins, Tonics (Excl 14)**

Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a medical practitioners part of hospitalization claim or day care procedure

#### **4.15. Refractive Error (Excl 15)**

Expenses related to the treatment for correction of eye sight due to refractive error less than 7.5 dioptries.

#### **4.16. Unproven Treatments (Excl 16)**

Expenses related to any unproven treatment, services and supplies for or in connection with any treatment. Unproven treatments are treatments, procedures or supplies that lack significant medical documentation to support their effectiveness.

#### **4.17. Birth control, Sterility and Infertility (Excl 17)**

Expenses related to sterility and infertility. This includes:

- i. Any type of sterilization
- ii. Assisted Reproduction services including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI
- iii. Gestational Surrogacy
- iv. Reversal of sterilization

#### **Specific Exclusions**

#### **4.18. Hormone Replacement Therapy**

Expenses for hormone replacement therapy, unless part of Medically Necessary Treatment, except for Puberty and Menopause related Disorders.

#### **4.19. General Debility, Congenital External Anomaly**

General debility, Congenital External Anomaly.

#### **4.20. Self Inflicted Injury**

Treatment for intentional self-inflicted injury, attempted suicide.

#### **4.21. Stem Cell Surgery**

Stem Cell Surgery (except Hematopoietic stem cells for bone marrow transplant for haematological conditions).

#### **4.22. Circumcision**

Circumcision unless necessary for treatment of a disease (if not excluded otherwise) or necessitated due to an accident.

#### **4.23. Vaccination or Inoculation.**

Vaccination or inoculation unless forming part of treatment and requires Hospitalisation.

#### **4.24. Massages, Steam Bath, Alternative Treatment (Other than Ayurveda and Homeopathy)**

Massages, steam bath, expenses for alternative or AYUSH treatments (other than Ayurveda and Homeopathy), acupuncture, acupressure, magneto-therapy and similar treatment.

#### **4.25. Dental Treatment**

Dental treatment, unless necessitated due to an Injury.

#### **4.26. Domiciliary Hospitalization & Out Patient Department (OPD) Treatment**

Any expenses incurred on Domiciliary Hospitalization and OPD treatment

#### **4.27. Stay in Hospital which is not Medically Necessary.**

Stay in hospital which is not medically necessary.

#### **4.28. Spectacles, Contact Lens, Hearing Aid, Cochlear Implants**

Spectacles, contact lens, hearing aid, cochlear implants.

#### **4.29. Non Prescription Drug**

Drugs not supported by a prescription, private nursing charges, referral fee to family physician, outstation doctor/surgeon/consultants' fees and similar expenses (as listed in respective Appendix-II).

#### **4.30. Treatment not Related to Disease for which Claim is Made**

Treatment which the Insured Person was on before Hospitalisation for the Illness/Injury, different from the one for which claim for Hospitalisation has been made.

#### **4.31. Equipments**

External/durable medical/non-medical equipments/instruments of any kind used for diagnosis/ treatment including CPAP, CAPD, infusion pump, ambulatory devices such as walker, crutches, belts, collars, caps, splints, slings, braces, stockings, diabetic footwear, glucometer, thermometer and similar related items (as listed in respective Appendix-II) and any medical equipment which could be used at home subsequently.

#### **4.32. Items of Personal Comfort**

Items of personal comfort and convenience (as listed in respective Appendix-II) including telephone, television, aya, barber, beauty services, baby food, cosmetics, napkins, toiletries, guest services.

#### **4.33. Service Charge/ Registration Fee**

Any kind of service charges including surcharges, admission fees, registration charges and similar charges (as listed in respective Appendix-II) levied by the hospital.

#### **4.34. Home Visit Charges**

Home visit charges during Pre and Post Hospitalisation of doctor, aya, attendant and nurse.

#### **4.35. War**

War (whether declared or not) and war like occurrence or invasion, acts of foreign enemies, hostilities, civil war, rebellion, revolutions, insurrections, mutiny, military or usurped power, seizure, capture, arrest, restraints and detainment of all kinds.

#### **4.36. Radioactivity**

Nuclear, chemical or biological attack or weapons, contributed to, caused by, resulting from or from any other cause or event contributing concurrently or in any other sequence to the loss, claim or expense. For the purpose of this exclusion:

- a) Nuclear attack or weapons means the use of any nuclear weapon or device or waste or combustion of nuclear fuel or the emission, discharge, dispersal, release or escape of fissile/ fusion material emitting a level of radioactivity capable of causing any Illness, incapacitating disablement or death.
- b) Chemical attack or weapons means the emission, discharge, dispersal, release or escape of any solid, liquid or gaseous chemical compound which, when suitably distributed, is capable of causing any Illness, incapacitating disablement or death.
- c) Biological attack or weapons means the emission, discharge, dispersal, release or escape of any pathogenic (disease producing) micro-organisms and/or biologically produced toxins (including genetically modified organisms and chemically synthesized toxins) which are capable of causing any Illness, incapacitating disablement or death.

#### **4.37. Treatment taken outside the geographical limits of India**

#### **4.38. Permanently Excluded Diseases**

In respect of the existing diseases, disclosed by the insured and mentioned in the policy schedule (based on insured's consent), policyholder is not entitled to get the coverage for specified ICD codes (as listed in Appendix-III).

### **5 GENERAL TERMS AND CLAUSES**

#### **Standard General Terms and Conditions**

##### **5.1 Disclosure of Information**

The policy shall be void and all premium paid thereon shall be forfeited to the Company in the event of misrepresentation, misdescription or non-disclosure of any material fact by the policyholder.

*(Explanation: "Material facts" for the purpose of this policy shall mean all relevant information sought by the Company in the proposal form and other connected documents to enable it to take informed decision in the context of underwriting the risk)*

##### **5.2 Condition Precedent to Admission of Liability**

The terms and conditions of the policy must be fulfilled by the Insured Person for the Company to make any payment for claim(s) arising under the policy.

### 5.3 Claim Settlement

- i. The Company shall settle or reject a claim, as the case may be, within 30 days from the date of receipt of last necessary document.
- ii. In the case of delay in the payment of a claim, the Company shall be liable to pay interest to the policyholder from the date of receipt of last necessary document to the date of payment of claim at a rate 2% above the bank rate.
- iii. However, where the circumstances of a claim warrant an investigation in the opinion of the Company, it shall initiate and complete such investigation at the earliest, in any case not later than 30 days from the date of receipt of last necessary document. In such cases, the Company shall settle or reject the claim within 45 days from the date of receipt of last necessary document.
- iv. In case of delay beyond stipulated 45 days, the Company shall be liable to pay interest to the policyholder at a rate 2% above the bank rate from the date of receipt of last necessary document to the date of payment of claim.

*(Explanation: "Bank rate" shall mean the rate fixed by the Reserve Bank of India (RBI) at the beginning of the financial year in which claim has fallen due)*

### 5.4 Multiple Policies

- i. In case of multiple policies taken by an Insured Person during a period from one or more insurers to indemnify treatment costs, the Insured Person shall have the right to require a settlement of his/her claim in terms of any of his/her policies. In all such cases the insurer chosen by the Insured Person shall be obliged to settle the claim as long as the claim is within the limits of and according to the terms of the chosen policy.
- ii. Insured person having multiple policies shall also have the right to prefer claims under this policy for the amounts disallowed under any other policy / policies even if the sum insured is not exhausted. Then the insurer shall independently settle the claim subject to the terms and conditions of this policy.
- iii. If the amount to be claimed exceeds the sum insured under a single policy, the Insured Person shall have the right to choose insurer from whom he/she wants to claim the balance amount.
- iv. Where an Insured Person has policies from more than one insurer to cover the same risk on indemnity basis, the Insured Person shall only be indemnified the treatment costs in accordance with the terms and conditions of the chosen policy.

### 5.5 Fraud

If any claim made by the Insured Person, is in any respect fraudulent, or if any false statement, or declaration is made or used in support thereof, or if any fraudulent means or devices are used by the Insured Person or anyone acting on his/her behalf to obtain any benefit under this policy, all benefits under this policy and the premium paid shall be forfeited.

Any amount already paid against claims made under this policy but which are found fraudulent later shall be repaid by all recipient(s)/policyholder(s), who has made that particular claim, who shall be jointly and severally liable for such repayment to the insurer.

For the purpose of this clause, the expression "fraud" means any of the following acts committed by the Insured Person or by his agent or the hospital/doctor/any other party acting on behalf of the Insured Person, with intent to deceive the insurer or to induce the insurer to issue an insurance policy:

- a) the suggestion, as a fact of that which is not true and which the insured person does not believe to be true;
- b) the active concealment of a fact by the Insured Person having knowledge or belief of the fact;
- c) any other act fitted to deceive; and
- d) any such act or omission as the law specially declares to be fraudulent

The Company shall not repudiate the claim and / or forfeit the policy benefits on the ground of Fraud, if the Insured Person / beneficiary can prove that the misstatement was true to the best of his knowledge and there was no deliberate intention to suppress the fact or that such misstatement of or suppression of material fact are within the knowledge of the insurer.

### 5.6 Cancellation

- i. The Company may cancel the policy at any time on grounds of misrepresentation non-disclosure of material facts, fraud by the Insured Person by giving 15 days' written notice. There would be no refund of premium on cancellation on grounds of misrepresentation, non-disclosure of material facts or fraud
- ii. The policyholder may cancel this policy by giving 15 days' written notice and in such an event, the Company shall refund premium for the unexpired policy period as detailed below.

Period of risk	Rate of premium to be charged
Up to 1 month	1/4 of the annual rate
Up to 3 months	1/2 of the annual rate
Up to 6 months	3/4 of the annual rate
Exceeding 6 months	Full annual rate

### 5.7 Migration

The Insured Person will have the option to migrate the policy to other health insurance products/plans offered by the Company by applying for migration of the policy at least 30 days before the policy renewal date as per IRDAI guidelines on Migration. If such person is presently covered and has been continuously covered without any lapses under any health insurance product/plan offered by the Company, the Insured Person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on migration.

## **5.8 Portability**

The Insured Person will have the option to port the policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least 45 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed Insured Person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on portability.

## **5.9 Renewal of Policy**

The policy shall ordinarily be renewable except on grounds of fraud, misrepresentation by the Insured Person.

- i. The Company shall endeavor to give notice for renewal. However, the Company is not under obligation to give any notice for renewal.
- ii. Renewal shall not be denied on the ground that the Insured Person had made a claim or claims in the preceding Policy Periods.
- iii. Request for renewal along with requisite premium shall be received by the Company before the end of the policy period.
- iv. At the end of the policy period, the policy shall terminate and can be renewed within the Grace Period of 30 days to maintain continuity of benefits without break in policy. Coverage is not available during the Grace Period.
- v. No loading shall apply on renewals based on individual claims experience.

## **5.10 Withdrawal of Product**

- i. In the likelihood of this product being withdrawn in future, the Company will intimate the Insured Person about the same 90 days prior to expiry of the policy.
- ii. Insured Person will have the option to migrate to similar health insurance product available with the Company at the time of renewal with all the accrued continuity benefits such as cumulative bonus, waiver of waiting period as per IRDAI guidelines, provided the policy has been maintained without a break.

## **5.11 Moratorium Period**

After completion of eight continuous years under this policy no look back would be applied. This period of eight years is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and subsequently completion of eight continuous years would be applicable from date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no claim under this policy shall be contestable except for proven fraud and permanent exclusions specified in the policy contract. The policies would however be subject to all limits, sub limits, co-payments as per the policy.

## **5.12 Revision of Terms of the Policy Including the Premium Rates**

The Company, with prior approval of IRDAI, may revise or modify the terms of the policy including the premium rates. The Insured Person shall be notified three months before the changes are effected.

## **5.13 Free Look Period**

The Free Look Period shall be applicable on new individual health insurance policies and not on renewals or at the time of porting/migrating the policy.

The Insured Person shall be allowed free look period of fifteen days from date of receipt of the policy document to review the terms and conditions of the policy, and to return the same if not acceptable.

If the insured has not made any claim during the Free Look Period, the insured shall be entitled to

- i. a refund of the premium paid less any expenses incurred by the Company on medical examination of the Insured Person and the stamp duty charges or
- ii. where the risk has already commenced and the option of return of the policy is exercised by the Insured Person, a deduction towards the proportionate risk premium for period of cover or
- iii. Where only a part of the insurance coverage has commenced, such proportionate premium commensurate with the insurance coverage during such period.

## **5.14 Nomination**

The policyholder is required at the inception of the policy to make a nomination for the purpose of payment of claims under the policy in the event of death of the policyholder. Any change of nomination shall be communicated to the Company in writing and such change shall be effective only when an endorsement on the policy is made. In the event of death of the policyholder, the Company will pay the nominee {as named in the Policy Schedule/Policy Certificate/Endorsement (if any)} and in case there is no subsisting nominee, to the legal heirs or legal representatives of the policyholder whose discharge shall be treated as full and final discharge of its liability under the policy.

## **Specific General Terms and Conditions**

### **5.15 Communication**

- i. All communication should be made in writing.
- ii. ID card, PPN/Network Provider related issues to be communicated to the TPA at the address mentioned in the Schedule. Policy related issues to be communicated to the Policy issuing office of the Company at the address mentioned in the Schedule.
- iii. Any change of address, state of health or any other change affecting any of the Insured Person, shall be communicated to the Policy issuing office of the Company at the address mentioned in the Schedule
- iv. The Company or TPA shall communicate to the Insured at the address mentioned in the Schedule.

### 5.16 Physical Examination

Any Medical Practitioner authorised by the Company shall be allowed to examine the Insured Person in the event of any alleged Illness/Injury requiring Hospitalisation when and as often as the same may reasonably be required on behalf of the Company.

### 5.17 Claim Procedure

#### a. Notification of Claim

In order to lodge a claim under the Policy for any Hospitalisation, the Insured Person/Insured Person's representative shall notify the TPA/ Company in writing by letter, e-mail, fax providing all relevant information relating to claim including plan of treatment, policy number etc. within the prescribed time limit.

<b>Claim Intimation in case of Cashless facility</b>	<b>TPA must be informed:</b>
In the event of planned Hospitalisation	At least seventy two (72) hours prior to the Insured Person's admission to Network Provider
In the event of emergency Hospitalisation	Within twenty four (24) hours of the Insured Person's admission to Network Provider

<b>Claim Intimation in case of Reimbursement</b>	<b>Company/TPA must be informed:</b>
In the event of planned Hospitalisation	At least seventy two (72) hours prior to the Insured Person's admission to Hospital
In the event of emergency Hospitalisation	Within twenty four (24) hours of the Insured Person's admission to Hospital

#### b. Procedure for Cashless Claims

- i. Cashless Facility for treatment in Network Providers can be availed.
- ii. Treatment may be taken in a Network Provider and is subject to pre authorization by the TPA. Booklet containing list of Network Provider shall be provided by the TPA. Updated list of Network Provider is available on website of the Company and the TPA mentioned in the Schedule.
- iii. Cashless request form available with the Network Provider and TPA shall be completed and sent to the TPA for authorization.
- iv. The TPA upon getting cashless request form and related medical information from the Insured Person/ Network Provider shall issue pre-authorization letter to the Hospital after verification.
- v. At the time of discharge, the Insured Person has to verify and sign the discharge papers, pay for non-medical and inadmissible expenses.
- vi. The TPA reserves the right to deny pre-authorization in case the Insured Person/ Network Provider is unable to provide any required details related to the pre authorization request.
- vii. In case of denial of Cashless Facility, the Insured Person may obtain the treatment as per treating Medical Practitioner's advice and submit the necessary documents for reimbursement of claim.

#### c. Procedure for Reimbursement of Claims

For reimbursement of claims the Insured Person shall submit the necessary documents to TPA within the prescribed time limit.

#### d. Documents

The claim is to be supported with the following original documents and submitted within the prescribed time limit.

- i. Completed claim form
- ii. Medical practitioner's prescription advising admission for inpatient treatment.
- iii. Cash-memo from the hospital (s)/chemist (s) supported by proper prescription from attending medical practitioner for Pre Hospitalisation, Hospitalisation and Post Hospitalisation.
- iv. Payment receipt, investigation test reports and associated plates/CDs in original, supported by the prescription from attending medical practitioner for Pre Hospitalisation, Hospitalisation and Post Hospitalisation.
- v. Attending medical practitioner's certificate regarding Diagnosis along with date of Diagnosis and bill, receipts etc.
- vi. Surgeon's certificate regarding Diagnosis and nature of operation performed along with bills, receipts etc.
- vii. Bills, receipt, sticker of the Implants.
- viii. Bills, payment receipts, medical history of the patient recorded, discharge certificate/ summary, break up of final bill from the hospital etc.
- ix. Any other document required by Company/TPA.

#### Note

In the event of a claim lodged under the Policy and the original documents having been submitted to any other insurer, the Company shall accept the copy of the documents listed above and claim settlement advice, duly certified by the other insurer subject to satisfaction of the Company.

#### e. Time limit for submission of claim documents to the Company/ TPA

<b>Type of claim</b>	<b>Time limit</b>
Reimbursement of Hospitalisation, Pre Hospitalisation expenses and ambulance charges	Within thirty (30) days of date of discharge from Hospital

Reimbursement of post Hospitalisation expenses	Within thirty (30) days from completion of Post Hospitalisation treatment
Reimbursement of Preventive Health Check-Up expenses	At least forty five (45) days before the expiry of the fourth Policy Period

#### **Waiver**

Time limit for claim intimation and submission of documents may be waived in cases where the Insured/ Insured Person or his/ her representative applies and explains to the satisfaction of the Company, that the circumstances under which Insured/ Insured Person was placed, it was not possible to intimate the claim/submit the documents within the prescribed time limit.

#### **5.18 Services Offered by TPA**

Servicing of claims, i.e., claim admissions and assessments, under this Policy by way of pre-authorization of cashless treatment or processing of claims other than cashless claims or both, as per the underlying terms and conditions of the Policy.

The services offered by a TPA shall not include

- i. Claim settlement and claim rejection;
- ii. Any services directly to any Insured Person or to any other person unless such service is in accordance with the terms and conditions of the Agreement entered into with the Company.

#### **5.19 Optional Co-payment**

The Insured may opt for Optional Co-payment, with discount in premium. In such cases, each admissible claim under the Policy shall be subject to Co-payment of 10% (including Optional Cover). Any change in Optional Co-payment may be done only during Renewal.

#### **5.20 Payment of Claim**

All claims under the Policy shall be payable in Indian currency and through NEFT/ RTGS only.

#### **5.21 Territorial Limit**

All medical treatment for the purpose of this Policy will have to be taken in India only.

#### **5.22 Territorial Jurisdiction**

All disputes or differences under or in relation to the Policy shall be determined by the Indian court and according to Indian law.

#### **5.23 Arbitration**

- i. If any dispute or difference shall arise as to the quantum to be paid by the Policy, (liability being otherwise admitted) such difference shall independently of all other questions, be referred for arbitration as per Arbitration and Conciliation Act 1996, as amended from time to time.
- ii. It is clearly agreed and understood that no difference or dispute shall be referable to arbitration as herein before provided, if the Company has disputed or not accepted liability under or in respect of the Policy.
- iii. It is hereby expressly stipulated and declared that it shall be a condition precedent to any right of action or suit upon the Policy that award by such arbitrator/arbitrators of the amount of expenses shall be first obtained.

#### **5.24 Disclaimer**

If the Company shall disclaim liability to the Insured Person for any claim hereunder and if the Insured Person shall not within twelve (12) calendar months from the date of receipt of the notice of such disclaimer notify the Company in writing that he does not accept such disclaimer and intends to recover his claim from the Company, then the claim shall for all purposes be deemed to have been abandoned and shall not thereafter be recoverable hereunder.

#### **5.25 Enhancement of Sum Insured**

Sum Insured can be enhanced only at the time of Renewal. Sum Insured can be enhanced subject to discretion of the Company. For the incremental portion of the Sum Insured, the Waiting Periods and conditions as mentioned in Exclusion 4.1, 4.2, 4.3 shall apply afresh.

### **6 REDRESSAL OF GRIEVANCE**

In case of any grievance the Insured Person may contact the Company through

Website: <https://nationalinsurance.nic.co.in/>

Toll free: 1800 345 0330

E-mail: [customer.relations@nic.co.in](mailto:customer.relations@nic.co.in)

Phn : (033) 2283 1742

Post: National Insurance Co. Ltd.,

6A Middleton Street, 7th Floor,

CRM Dept.,

Kolkata - 700 071

Insured person may also approach the grievance cell at any of the Company's branches with the details of grievance.

If Insured person is not satisfied with the redressal of grievance through one of the above methods, Insured Person may contact the grievance officer (Office in-Charge) at that location.

For updated details of grievance officer, kindly refer the link: <https://nationalinsurance.nic.co.in/>

If Insured person is not satisfied with the redressal of grievance through above methods, the Insured Person may also approach the office of Insurance Ombudsman of the respective area/region for redressal of grievance as per Insurance Ombudsman Rules 2017 (Annexure IV).

Grievance may also be lodged at IRDAI Integrated Grievance Management System - <https://igms.irda.gov.in/>

**TABLE OF BENEFITS**

<b>Name</b>	<b>BoB National Health Policy</b>
<b>Type</b>	<b>Individual and Floater (depending on family size)</b>
<b>Category of Cover</b>	<b>Indemnity</b>
<b>Sum Insured</b>	<b>₹ 3L, 5L, 10L</b>
<b>Policy Period</b>	<b>1 year</b>
<b>Coverage</b>	
<b>Hospitalisation</b>	<b>Room Rent– Up to 1% of SI per day</b> <b>ICU Charges– Up to 2% of SI per day</b> <i>Proportionate Deduction shall apply if opted for higher Room Rent</i> <i>Sub limit will not apply in case of Hospitalisation in a Preferred Provider Network (PPN) as a package</i> <b>Cataract surgery - Up to 10% of Sum Insured, subject to maximum ₹ 40,000 per eye per year.</b> <b>Coverage for Modern Treatment (12 nos) – Up to 25% of SI for each treatment</b> <b>Expenses due to hazardous or adventure sports (non-professionals) – Up to 25% of SI</b>
<b>System of Medicine</b>	<b>Allopathy, Ayurveda and Homeopathy</b> <b>Covered up to SI</b>
<b>In Built Features</b>	<b>Pre hospitalisation - 60 days immediately before hospitalisation</b>
	<b>Post hospitalisation - 90 days immediately after discharge</b>
	<b>Organ Donor's hospitalisation expenses only</b>
	<b>Ambulance Charges – ₹ 1,000 per hospitalization</b>
	<b>Hospital Cash – ₹ 500 per day of Hospitalisation</b>
	<b>Hospitalisation coverage for HIV/ AIDS and Mental Illness</b>
	<b>Treatment of Morbid Obesity and Refractive Error of at least 7.5D, subject to Waiting Periods</b>
<b>Optional</b>	<b>Maternity Benefit – Up to ₹ 50,000 per Policy Period for up to 2 deliveries/ terminations, along with Baby from birth cover, subject to Waiting Period</b>
<b>Others</b>	
<b>Pre Existing Disease</b>	<b>Only PEDs declared in the Proposal Form and accepted for coverage by the Company shall be covered after 4 year Waiting Period</b>
<b>Enhancement of SI</b>	<b>On Renewal</b>
<b>Good Health Incentives</b>	
<b>Preventive Health check up</b>	<b>Every 3 claim free years, prescribed diagnostics tests up to limits mentioned below:</b> <b>Policies on individual basis, ₹ 1,500 for SI 3L, ₹ 2,000 for SI 5L and ₹ 3,000 for SI 10L.</b> <b>Policies on floater basis, ₹ 3,000 for SI 3L, ₹ 4,000 for SI 5L and ₹ 6,000 for SI 10L.</b>
<b>Discounts</b>	
<b>Copayment (optional)</b>	<b>10% Co-payment on each admissible claim (including Optional Cover), with 8% discount in premium</b>

No loading shall apply on Renewals based on individual claims experience

Insurance is the subject matter of solicitation

Please preserve the policy for all future reference.

**Day Care Procedure - Day care procedures will include following day care surgeries and day care treatment**

- Microsurgical operations on the middle ear**
  1. Stapedotomy
  2. Stapedectomy
  3. Revision of a stapedectomy
  4. Other operations on the auditory ossicles
  5. Myringoplasty (Type -I Tympanoplasty)
  6. Tympanoplasty (closure of an eardrum perforation/reconstruction of the auditory ossicles)
  7. Revision of a tympanoplasty
  8. Other microsurgical operations on the middle ear
- Other operations on the middle and internal ear**
  9. Myringotomy
  10. Removal of a tympanic drain
  11. Incision of the mastoid process and middle ear
  12. Mastoidectomy
  13. Reconstruction of the middle ear
  14. Other excisions of the middle and inner ear
  15. Fenestration of the inner ear
  16. Revision of a fenestration of the inner ear
  17. Incision (opening) and destruction (elimination) of the inner ear
  18. Other operations on the middle and inner ear
- Operations on the nose and the nasal sinuses**
  19. Excision and destruction of diseased tissue of the nose
  20. Operations on the turbinates (nasal concha)
  21. Other operations on the nose
  22. Nasal sinus aspiration
- Operations on the eyes**
  23. Incision of tear glands
  24. Other operations on the tear ducts
  25. Incision of diseased eyelids
  26. Excision and destruction of diseased tissue of the eyelid
  27. Operations on the canthus and epicanthus
  28. Corrective surgery for entropion and ectropion
  29. Corrective surgery for blepharoptosis
  30. Removal of a foreign body from the conjunctiva
  31. Removal of a foreign body from the cornea
  32. Incision of the cornea
  33. Operations for pterygium
  34. Other operations on the cornea
  35. Removal of a foreign body from the lens of the eye
  36. Removal of a foreign body from the posterior chamber of the eye
  37. Removal of a foreign body from the orbit and eyeball
  38. Operation of cataract
- Operations on the skin and subcutaneous tissues**
  39. Incision of a pilonidal sinus
  40. Other incisions of the skin and subcutaneous tissues
  41. Surgical wound toilet (wound debridement) and removal of diseased tissue of the skin and subcutaneous tissues
  42. Local excision of diseased tissue of the skin and subcutaneous tissues
  43. Other excisions of the skin and subcutaneous tissues
  44. Simple restoration of surface continuity of the skin and subcutaneous tissues
  45. Free skin transplantation, donor site
  46. Free skin transplantation, recipient site
  47. Revision of skin plasty
  48. Other restoration and reconstruction of the skin and subcutaneous tissues
  49. Chemosurgery to the skin
  50. Destruction of diseased tissue in the skin and subcutaneous tissues
- Operations on the tongue**
  51. Incision, excision and destruction of diseased tissue of the tongue
  52. Partial glossectomy
  53. Glossectomy
  54. Reconstruction of the tongue
  55. Other operations on the tongue
- Operations on the salivary glands and salivary ducts**
  56. Incision and lancing of a salivary gland and a salivary duct
  57. Excision of diseased tissue of a salivary gland and a salivary duct
  58. Resection of a salivary gland
  59. Reconstruction of a salivary gland and a salivary duct
  60. Other operations on the salivary glands and salivary ducts
- Other operations on the mouth and face**
  61. External incision and drainage in the region of the mouth, jaw and face
  62. Incision of the hard and soft palate
  63. Excision and destruction of diseased hard and soft palate
  64. Incision, excision and destruction in the mouth
  65. Plastic surgery to the floor of the mouth
  66. Palatoplasty
  67. Other operations in the mouth
- Operations on the tonsils and adenoids**
  68. Transoral incision and drainage of a pharyngeal abscess
  69. Tonsillectomy without adenoidectomy
  70. Tonsillectomy with adenoidectomy
  71. Excision and destruction of a lingual tonsil
- Other operations on the tonsils and adenoids**
  72. Other operations on the tonsils and adenoids
- Trauma surgery and orthopaedics**
  73. Incision on bone, septic and aseptic
  74. Closed reduction on fracture, luxation or epiphyseolysis with osteosynthesis
  75. Suture and other operations on tendons and tendon sheath
  76. Reduction of dislocation under GA
  77. Arthroscopic knee aspiration
- Operations on the breast**
  78. Incision of the breast
  79. Operations on the nipple
- Operations on the digestive tract**
  80. Incision and excision of tissue in the perianal region
  81. Surgical treatment of anal fistulas
  82. Surgical treatment of haemorrhoids
  83. Division of the anal sphincter (sphincterotomy)
  84. Other operations on the anus
  85. Ultrasound guided aspirations
  86. Sclerotherapy etc.
- Operations on the female sexual organs**
  87. Incision of the ovary
  88. Insufflation of the Fallopian tubes
  89. Other operations on the Fallopian tube
  90. Dilatation of the cervical canal
  91. Conisation of the uterine cervix
  92. Other operations on the uterine cervix
  93. Incision of the uterus (hysterotomy)
  94. Therapeutic curettage
  95. Culdotomy
  96. Incision of the vagina
  97. Local excision and destruction of diseased tissue of the vagina and the pouch of Douglas
  98. Incision of the vulva
  99. Operations on Bartholin's glands (cyst)
- Operations on the prostate and seminal vesicles**
  100. Incision of the prostate
  101. Transurethral excision and destruction of prostate tissue
  102. Transurethral and percutaneous destruction of prostate tissue
  103. Open surgical excision and destruction of prostate tissue
  104. Radical prostatovesiculectomy
  105. Other excision and destruction of prostate tissue
  106. Operations on the seminal vesicles
  107. Incision and excision of periprostatic tissue
  108. Other operations on the prostate
- Operations on the scrotum and tunica vaginalis testis**
  109. Incision of the scrotum and tunica vaginalis testis
  110. Operation on a testicular hydrocele
  111. Excision and destruction of diseased scrotal tissue
  112. Plastic reconstruction of the scrotum and tunica vaginalis testis
  113. Other operations on the scrotum and tunica vaginalis testis
- Operations on the testes**
  114. Incision of the testes
  115. Excision and destruction of diseased tissue of the testes
  116. Unilateral orchidectomy
  117. Bilateral orchidectomy
  118. Orchidopexy
  119. Abdominal exploration in cryptorchidism
  120. Surgical repositioning of an abdominal testis
  121. Reconstruction of the testis
  122. Implantation, exchange and removal of a testicular prosthesis
  123. Other operations on the testis
- Operations on the spermatic cord, epididymis and ductus deferens**
  124. Surgical treatment of a varicocele and a hydrocele of the spermatic cord
  125. Excision in the area of the epididymis
  126. Epididymectomy
  127. Reconstruction of the spermatic cord
  128. Reconstruction of the ductus deferens and epididymis
  129. Other operations on the spermatic cord, epididymis and ductus deferens
- Operations on the penis**
  130. Operations on the foreskin
  131. Local excision and destruction of diseased tissue of the penis
  132. Amputation of the penis
  133. Plastic reconstruction of the penis
  134. Other operations on the penis
- Operations on the urinary system**
  135. Cystoscopic removal of stones
- Other Operations**
  136. Lithotripsy
  137. Coronary angiography
  138. Hemodialysis
  139. Radiotherapy for Cancer
  140. Cancer Chemotherapy

**Note:**

- i. Day Care Treatment will include above Day Care Procedures
- ii. Any surgery/procedure (not listed above) which due to advancement of medical science requires Hospitalisation for less than 24 hours will require prior approval from Company/TPA.
- iii. The standard Exclusions and Waiting Periods are applicable to all of the above Day Care Procedures / Surgeries depending on the medical condition / disease under treatment. Only 24 hours Hospitalisation is not mandatory.



<b>List I – List of which coverage is not available in the policy</b>	
Sl	Item
1	BABY FOOD
2	BABY UTILITIES CHARGES
3	BEAUTY SERVICES
4	BELTS/ BRACES
5	BUDS
6	COLD PACK/HOT PACK
7	CARRY BAGS
8	EMAIL / INTERNET CHARGES
9	FOOD CHARGES (OTHER THAN PATIENT'S DIET PROVIDED BY HOSPITAL)
10	LEGGINGS
11	LAUNDRY CHARGES
12	MINERAL WATER
13	SANITARY PAD
14	TELEPHONE CHARGES
15	GUEST SERVICES
16	CREPE BANDAGE
17	DIAPER OF ANY TYPE
18	EYELET COLLAR
19	SLINGS
20	BLOOD GROUPING AND CROSS MATCHING OF DONORS SAMPLES
21	SERVICE CHARGES WHERE NURSING CHARGE ALSO CHARGED
22	Television Charges
23	SURCHARGES
24	ATTENDANT CHARGES
25	EXTRA DIET OF PATIENT (OTHER THAN THAT WHICH FORMS PART OF BED CHARGE)
26	BIRTH CERTIFICATE
27	CERTIFICATE CHARGES
28	COURIER CHARGES
29	CONVEYANCE CHARGES
30	MEDICAL CERTIFICATE
31	MEDICAL RECORDS
32	PHOTOCOPIES CHARGES
33	MORTUARY CHARGES
34	WALKING AIDS CHARGES
35	OXYGEN CYLINDER (FOR USAGE OUTSIDE THE HOSPITAL)
36	SPACER
37	SPIROMETRE
38	NEBULIZER KIT
39	STEAM INHALER
40	ARMSLING
41	THERMOMETER
42	CERVICAL COLLAR
43	SPLINT
44	DIABETIC FOOT WEAR
45	KNEE BRACES (LONG/ SHORT/ HINGED)
46	KNEE IMMOBILIZER/SHOULDER IMMOBILIZER
47	LUMBO SACRAL BELT
48	NIMBUS BED OR WATER OR AIR BED CHARGES
49	AMBULANCE COLLAR
50	AMBULANCE EQUIPMENT
51	ABDOMINAL BINDER
52	PRIVATE NURSES CHARGES- SPECIAL NURSING CHARGES
53	SUGAR FREE Tablets
54	CREAMS POWDERS LOTIONS (Toiletries are not payable, only prescribed medical pharmaceuticals payable)
55	ECG ELECTRODES
56	GLOVES
57	NEBULISATION KIT
58	ANY KIT WITH NO DETAILS MENTIONED [DELIVERY KIT, ORTHOKIT, RECOVERY KIT, ETC]
59	KIDNEY TRAY
60	MASK
61	OUNCE GLASS
62	OXYGEN MASK
63	PELVIC TRACTION BELT
64	PAN CAN
65	TROLLY COVER
66	UROMETER, URINE JUG
67	AMBULANCE
68	VASOFIX SAFETY
<b>List II – Items that are to be subsumed into Room Charges</b>	
Sl	Item
1	BABY CHARGES (UNLESS SPECIFIED/INDICATED)
2	HAND WASH
3	SHOE COVER
4	CAPS

5	CRADLE CHARGES
6	COMB
7	EAU-DE-COLOGNE / ROOM FRESHNERS
8	FOOT COVER
9	GOWN
10	SLIPPERS
11	TISSUE PAPER
12	TOOTH PASTE
13	TOOTH BRUSH
14	BED PAN
15	FACE MASK
16	FLEXI MASK
17	HAND HOLDER
18	SPUTUM CUP
19	DISINFECTANT LOTIONS
20	LUXURY TAX
21	HVAC
22	HOUSE KEEPING CHARGES
23	AIR CONDITIONER CHARGES
24	IM IV INJECTION CHARGES
25	CLEAN SHEET
26	BLANKET/WARMER BLANKET
27	ADMISSION KIT
28	DIABETIC CHART CHARGES
29	DOCUMENTATION CHARGES / ADMINISTRATIVE EXPENSES
30	DISCHARGE PROCEDURE CHARGES
31	DAILY CHART CHARGES
32	ENTRANCE PASS / VISITORS PASS CHARGES
33	EXPENSES RELATED TO PRESCRIPTION ON DISCHARGE
34	FILE OPENING CHARGES
35	INCIDENTAL EXPENSES / MISC. CHARGES (NOT EXPLAINED)
36	PATIENT IDENTIFICATION BAND / NAME TAG
37	PULSEOXYMETER CHARGES
<b>List III – Items that are to be subsumed into Procedure Charges</b>	
Sl	Item
1	HAIR REMOVAL CREAM
2	DISPOSABLES RAZORS CHARGES (for site preparations)
3	EYE PAD
4	EYE SHEILD
5	CAMERA COVER
6	DVD, CD CHARGES
7	GAUSE SOFT
8	GAUZE
9	WARD AND THEATRE BOOKING CHARGES
10	ARTHROSCOPY AND ENDOSCOPY INSTRUMENTS
11	MICROSCOPE COVER
12	SURGICAL BLADES, HARMONICSCALPEL,SHAVER
13	SURGICAL DRILL
14	EYE KIT
15	EYE DRAPE
16	X-RAY FILM
17	BOYLES APPARATUS CHARGES
18	COTTON
19	COTTON BANDAGE
20	SURGICAL TAPE
21	APRON
22	TORNIQUET
23	ORTHOBUNDLE, GYNAEC BUNDLE
<b>List IV – Items that are to be subsumed into costs of treatment</b>	
Sl	Item
1	ADMISSION/REGISTRATION CHARGES
2	HOSPITALISATION FOR EVALUATION/ DIAGNOSTIC PURPOSE
3	URINE CONTAINER
4	BLOOD RESERVATION CHARGES AND ANTE NATAL BOOKING CHARGES
5	BIPAP MACHINE
6	CPAP/ CAPD EQUIPMENTS
7	INFUSION PUMP– COST
8	HYDROGEN PEROXIDE\SPIRIT\ DISINFECTANTS ETC
9	NUTRITION PLANNING CHARGES - DIETICIAN CHARGES- DIET CHARGES
10	HIV KIT
11	ANTISEPTIC MOUTHWASH
12	LOZENGES
13	MOUTH PAINT
14	VACCINATION CHARGES
15	ALCOHOL SWABES
16	SCRUB SOLUTION\STERILLIUM
17	Glucometer & Strips
18	URINE BAG

## List of illnesses permanently excluded if existing at the time of taking the Policy

Sl	Existing Disease	ICD Code Excluded
1	Sarcoidosis	D86.0-D86.9
2	Malignant Neoplasms	C00-C14 Malignant neoplasms of lip, oral cavity and pharynx, • C15-C26 Malignant neoplasms of digestive organs, • C30-C39 Malignant neoplasms of respiratory and intrathoracic organs • C40-C41 Malignant neoplasms of bone and articular cartilage • C43-C44 Melanoma and other malignant neoplasms of skin • C45-C49 Malignant neoplasms of mesothelial and soft tissue • C50-C50 Malignant neoplasms of breast • C51-C58 Malignant neoplasms of female genital organs • C60-C63 Malignant neoplasms of male genital organs • C64-C68 Malignant neoplasms of urinary tract • C69-C72 Malignant neoplasms of eye, brain and other parts of central nervous system • C73-C75 Malignant neoplasms of thyroid and other endocrine glands • C76-C80 Malignant neoplasms of ill-defined, other secondary and unspecified sites • C7A-C7A Malignant neuroendocrine tumours • C7B-C7B Secondary neuroendocrine tumours • C81-C96 Malignant neoplasms of lymphoid, hematopoietic and related tissue • D00-D09 In situ neoplasms • D10-D36 Benign neoplasms, except benign neuroendocrine tumours • D37-D48 Neoplasms of uncertain behaviour, polycythaemia vera and myelodysplastic syndromes • D3A-D3A Benign neuroendocrine tumours • D49-D49 Neoplasms of unspecified behaviour
3	Epilepsy	G40 Epilepsy
4	Heart Ailment Congenital heart disease and valvular heart disease	I49 Other cardiac arrhythmias, (I20-I25) Ischemic heart diseases, I50 Heart failure, I42 Cardiomyopathy; I05-I09 - Chronic rheumatic heart diseases. • Q20 Congenital malformations of cardiac chambers and connections • Q21 Congenital malformations of cardiac septa • Q22 Congenital malformations of pulmonary and tricuspid valves • Q23 Congenital malformations of aortic and mitral valves • Q24 Other congenital malformations of heart • Q25 Congenital malformations of great arteries • Q26 Congenital malformations of great veins • Q27 Other congenital malformations of peripheral vascular system • Q28 Other congenital malformations of circulatory system • I00-I02 Acute rheumatic fever • I05-I09 • Chronic rheumatic heart diseases Nonrheumatic mitral valve disorders mitral (valve): • disease (I05.9) • failure (I05.8) • stenosis (I05.0). When of unspecified cause but with mention of: • diseases of aortic valve (I08.0), • mitral stenosis or obstruction (I05.0) when specified as congenital (Q23.2, Q23.3) when specified as rheumatic (I05), I34.0 Mitral (valve) insufficiency • Mitral (valve): incompetence / regurgitation - • NOS or of specified cause, except rheumatic, I 34.1 to I34.9 - Valvular heart disease.
5	Cerebrovascular disease (Stroke)	I67 Other cerebrovascular diseases, (I60-I69) Cerebrovascular diseases
6	Inflammatory Bowel Diseases	K 50.0 to K 50.9 (including Crohn's and Ulcerative colitis) K50.0 - Crohn's disease of small intestine; K50.1 - Crohn's disease of large intestine; K50.8 - Other Crohn's disease; K50.9 - Crohn's disease, unspecified. K51.0 - Ulcerative (chronic) enterocolitis; K51.8 - Other ulcerative colitis; K51.9 - Ulcerative colitis, unspecified.
7	Chronic Liver diseases	K70.0 To K74.6 Fibrosis and cirrhosis of liver; K71.7 - Toxic liver disease with fibrosis and cirrhosis of liver; K70.3 - Alcoholic cirrhosis of liver; I98.2 - K70.-Alcoholic liver disease; Oesophageal varices in diseases classified elsewhere. K 70 to K 74.6 (Fibrosis, cirrhosis, alcoholic liver disease, CLD)
8	Pancreatic diseases	K85-Acute pancreatitis; (Q 45.0 to Q 45.1) Congenital conditions of pancreas, K 86.1 to K 86.8 - Chronic pancreatitis
9	Chronic Kidney disease	N17-N19 Renal failure; I12.0 - Hypertensive renal disease with renal failure; I12.9 Hypertensive renal disease without renal failure; I13.1 - Hypertensive heart and renal disease with renal failure; I13.2 - Hypertensive heart and renal disease with both (congestive) heart failure and renal failure; N99.0 - Post procedural renal failure; O08.4 - Renal failure following abortion and ectopic and molar pregnancy; O90.4 - Postpartum acute renal failure; P96.0 - Congenital renal failure. Congenital malformations of the urinary system (Q 60 to Q64), diabetic nephropathy E14.2, N.083
10	Hepatitis B	B16.0 - Acute hepatitis B with delta-agent (coinfection) with hepatic coma; B16.1 - Acute hepatitis B with delta-agent (coinfection) without hepatic coma; B16.2 - Acute hepatitis B without delta-agent with hepatic coma; B16.9 - Acute hepatitis B without delta-agent and without hepatic coma; B17.0 - Acute delta-(super) infection of hepatitis B carrier; B18.0 - Chronic viral hepatitis B with delta-agent; B18.1 - Chronic viral hepatitis B without delta-agent;
11	Alzheimer's Disease, Parkinson's Disease	G30.9 - Alzheimer's disease, unspecified; F00.9 - G30.9 Dementia in Alzheimer's disease, unspecified, G20 - Parkinson's disease.
12	Demyelinating disease	G.35 to G 37
13	HIV & AIDS	B20.0 - HIV disease resulting in mycobacterial infection; B20.1 - HIV disease resulting in other bacterial infections; B20.2 - HIV disease resulting in cytomegaloviral disease; B20.3 - HIV disease resulting in other viral infections; B20.4 - HIV disease resulting in candidiasis; B20.5 - HIV disease resulting in other mycoses; B20.6 - HIV disease resulting in Pneumocystis carinii pneumonia; B20.7 - HIV disease resulting in multiple infections; B20.8 - HIV disease resulting in other infectious and parasitic diseases; B20.9 - HIV disease resulting in unspecified infectious or parasitic disease; B23.0 - Acute HIV infection syndrome; B24 - Unspecified human immunodeficiency virus [HIV] disease
14	Loss of Hearing	H90.0 - Conductive hearing loss, bilateral; H90.1 - Conductive hearing loss, unilateral with unrestricted hearing on the contralateral side; H90.2 - Conductive hearing loss, unspecified; H90.3 - Sensorineural hearing loss, bilateral; H90.4 - Sensorineural hearing loss, unilateral with unrestricted hearing on the contralateral side; H90.6 - Mixed conductive and sensorineural hearing loss, bilateral; H90.7 - Mixed conductive and sensorineural hearing loss, unilateral with unrestricted hearing on the contralateral side; H90.8 - Mixed conductive and sensorineural hearing loss, unspecified; H91.0 - Ototoxic hearing loss; H91.9 - Hearing loss, unspecified
15	Papulosquamous disorder of the skin	L40 - L45 Papulosquamous disorder of the skin including psoriasis lichen planus
16	Avascular necrosis (osteonecrosis)	M 87 to M 87.9

The contact details of the Insurance Ombudsman offices are as below-

Areas of Jurisdiction	Office of the Insurance Ombudsman
Gujarat , UT of Dadra and Nagar Haveli, Daman and Diu	Office of the Insurance Ombudsman, 2nd floor, Ambica House, Near C.U. Shah College, 5, Navyug Colony, Ashram Road, Ahmedabad – 380 014. Tel.: 079 - 27546150 / 27546139 Fax: 079 - 27546142 Email: <a href="mailto:bimalokpal.ahmedabad@ecoi.co.in">bimalokpal.ahmedabad@ecoi.co.in</a>
Karnataka	Office of the Insurance Ombudsman, JeevanSoudhaBuilding,PID No. 57-27-N-19 Ground Floor, 19/19, 24th Main Road, JP Nagar, Ist Phase, Bengaluru – 560 078. Tel.: 080 - 26652048 / 26652049 Email: <a href="mailto:bimalokpal.bengaluru@ecoi.co.in">bimalokpal.bengaluru@ecoi.co.in</a>
Madhya Pradesh and Chhattisgarh	Office of the Insurance Ombudsman, JanakVihar Complex, 2nd Floor, 6, Malviya Nagar, Opp. Airtel Office, Near New Market, Bhopal – 462 003. Tel.: 0755 - 2769201 / 2769202 Fax: 0755 - 2769203 Email: <a href="mailto:bimalokpal.bhopal@ecoi.co.in">bimalokpal.bhopal@ecoi.co.in</a>
Odisha	Office of the Insurance Ombudsman, 62, Forest park, Bhubneshwar – 751 009. Tel.: 0674 - 2596461 /2596455 Fax: 0674 - 2596429 Email: <a href="mailto:bimalokpal.bhubaneswar@ecoi.co.in">bimalokpal.bhubaneswar@ecoi.co.in</a>
Punjab , Haryana, Himachal Pradesh, Jammu and Kashmir, UT of Chandigarh	Office of the Insurance Ombudsman, S.C.O. No. 101, 102 & 103, 2nd Floor, Batra Building, Sector 17 – D, Chandigarh – 160 017. Tel.: 0172 - 2706196 / 2706468 Fax: 0172 - 2708274 Email: <a href="mailto:bimalokpal.chandigarh@ecoi.co.in">bimalokpal.chandigarh@ecoi.co.in</a>
Tamil Nadu, UT– Pondicherry Town and Karaikal (which are part of UT of Pondicherry)	Office of the Insurance Ombudsman, Fatima Akhtar Court, 4th Floor, 453, Anna Salai, Teynampet, CHENNAI – 600 018. Tel.: 044 - 24333668 / 24335284 Fax: 044 - 24333664 Email: <a href="mailto:bimalokpal.chennai@ecoi.co.in">bimalokpal.chennai@ecoi.co.in</a>
Delhi	Office of the Insurance Ombudsman, 2/2 A, Universal Insurance Building, Asaf Ali Road, New Delhi – 110 002. Tel.: 011 - 23239633 / 23237532 Fax: 011 - 23230858 Email: <a href="mailto:bimalokpal.delhi@ecoi.co.in">bimalokpal.delhi@ecoi.co.in</a>
Assam , Meghalaya, Manipur, Mizoram, Arunachal Pradesh, Nagaland and Tripura	Office of the Insurance Ombudsman, JeevanNivesh, 5th Floor, Nr. Panbazar over bridge, S.S. Road, Guwahati – 781001(ASSAM). Tel.: 0361 - 2132204 / 2132205 Fax: 0361 - 2732937 Email: <a href="mailto:bimalokpal.guwahati@ecoi.co.in">bimalokpal.guwahati@ecoi.co.in</a>
Andhra Pradesh, Telangana and UT of Yanam – a part of the UT of Pondicherry	Office of the Insurance Ombudsman, 6-2-46, 1st floor, "Moin Court", Lane Opp. Saleem Function Palace, A. C. Guards, Lakdi-Ka-Pool, Hyderabad - 500 004. Tel.: 040 - 65504123 / 23312122 Fax: 040 - 23376599 Email: <a href="mailto:bimalokpal.hyderabad@ecoi.co.in">bimalokpal.hyderabad@ecoi.co.in</a>
Rajasthan	Office of the Insurance Ombudsman, JeevanNidhi – II Bldg., Gr. Floor,

	Bhawani Singh Marg, Jaipur - 302 005. Tel.: 0141 - 2740363 Email: <a href="mailto:Bimalokpal.jaipur@ecoi.co.in">Bimalokpal.jaipur@ecoi.co.in</a>
Kerala , UT of (a) Lakshadweep, (b) Mahe – a part of UT of Pondicherry	Office of the Insurance Ombudsman, 2nd Floor, Pulinat Bldg., Opp. Cochin Shipyard, M. G. Road, Ernakulam - 682 015. Tel.: 0484 - 2358759 / 2359338 Fax: 0484 - 2359336 Email: <a href="mailto:bimalokpal.ernakulam@ecoi.co.in">bimalokpal.ernakulam@ecoi.co.in</a>
West Bengal, UT of Andaman and Nicobar Islands, Sikkim	Office of the Insurance Ombudsman, Hindustan Bldg. Annexe, 4th Floor, 4, C.R. Avenue, KOLKATA - 700 072. Tel.: 033 - 22124339 / 22124340 Fax : 033 - 22124341 Email: <a href="mailto:bimalokpal.kolkata@ecoi.co.in">bimalokpal.kolkata@ecoi.co.in</a>
Districts of Uttar Pradesh : Laitpur, Jhansi, Mahoba, Hamirpur, Banda, Chitrakoot, Allahabad, Mirzapur, Sonbhadra, Fatehpur, Pratapgarh, Jaunpur, Varanasi, Gazipur, Jalaun, Kanpur, Lucknow, Unnao, Sitapur, Lakhimpur, Bahraich, Barabanki, Raebareli, Sravasti, Gonda, Faizabad, Amethi, Kaushambi, Balrampur, Basti, Ambedkarnagar, Sultanpur, Maharajgang, Santkabirnagar, Azamgarh, Kushinagar, Gorkhpur, Deoria, Mau, Ghazipur, Chandauli, Ballia, Sidharathnagar.	Office of the Insurance Ombudsman, 6th Floor, JeevanBhawan, Phase-II, Nawal Kishore Road, Hazratganj, Lucknow - 226 001. Tel.: 0522 - 2231330 / 2231331 Fax: 0522 - 2231310 Email: <a href="mailto:bimalokpal.lucknow@ecoi.co.in">bimalokpal.lucknow@ecoi.co.in</a>
Goa, Mumbai Metropolitan Region excluding Navi Mumbai & Thane	Office of the Insurance Ombudsman, 3rd Floor, JeevanSevaAnnexe, S. V. Road, Santacruz (W), Mumbai - 400 054. Tel.: 022 - 26106552 / 26106960 Fax: 022 - 26106052 Email: <a href="mailto:bimalokpal.mumbai@ecoi.co.in">bimalokpal.mumbai@ecoi.co.in</a>
State of Uttaranchal and the following Districts of Uttar Pradesh: Agra, Aligarh, Bagpat, Bareilly, Bijnor, Budaun, Bulandshahr, Etah, Kanooj, Mainpuri, Mathura, Meerut, Moradabad, Muzaffarnagar, Oraiyya, Pilibhit, Etawah, Farrukhabad, Firozbad, Gautambodhanagar, Ghaziabad, Hardoi, Shahjahanpur, Hapur, Shamli, Rampur, Kashganj, Sambhal, Amroha, Hathras, Kanshiramnagar, Saharanpur	Office of the Insurance Ombudsman, BhagwanSahai Palace 4th Floor, Main Road, Naya Bans, Sector 15, Distt: GautamBuddh Nagar, U.P-201301. Tel.: 0120-2514250 / 2514251 / 2514253 Email: <a href="mailto:bimalokpal.noida@ecoi.co.in">bimalokpal.noida@ecoi.co.in</a>
Bihar, Jharkhand.	Office of the Insurance Ombudsman, 1st Floor, Kalpana Arcade Building,, Bazar Samiti Road, Bahadurpur, Patna 800 006. Email: <a href="mailto:bimalokpal.patna@ecoi.co.in">bimalokpal.patna@ecoi.co.in</a>
Maharashtra, Area of Navi Mumbai and Thane excluding Mumbai Metropolitan Region	Office of the Insurance Ombudsman, JeevanDarshan Bldg., 3rd Floor, C.T.S. No.s. 195 to 198, N.C. Kelkar Road, Narayan Peth, Pune – 411 030. Tel.: 020 - 32341320 Email: <a href="mailto:bimalokpal.pune@ecoi.co.in">bimalokpal.pune@ecoi.co.in</a>